

Rebecca Poole, M.F.A.

m.AmSAT, VASTA

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EDUCATION:

Lessac Kinesensics Training & Research Institute

2023-present- certified Facilitator candidate (8/24)

Great Lakes Michael Chekhov Consortium

2023-present- certified instructor candidate (6/25)

Kent State University (Kent, OH)

2022-2024- M.F.A. in Acting (for the Returning Professional)

Full fellowship, 4.0 average

The Dimon Institute (New York, NY)

2003-2006 –certified Alexander Technique teacher (AmSAT)

Trinity Repertory Company Conservatory (Providence, RI)

1994-1996 – graduate of Acting program (M.A. track)

Ida M. Crabtree scholarship, 4.0 average

University of Minnesota (Minneapolis, MN)

1993-1994 – attended Ph.D. in Literature/ M.F.A. in Creative Writing program,

Academy of American Poets Award, Full fellowship (Edelstein-Keller Teaching/Writing Award) and Instructor of Record, 4.0 average

Rhode Island College (Providence, RI)

1993 – B.A. in English, creative writing focus

English faculty writing award, Honors Program scholarship, 3.74 average

EXPERIENCE

Kent State University (Kent, OH)

2024

Instructor of Record

- Adjunct Instructor - Art of Theatre
- Adjunct Instructor - Art of Acting

Substitute Instructor

- Character & Scene Study 1
- Voice for Acting 1

Director

- *Crossing the Bar* – KSU Blackbox

Graduate Assistant

- Voice for Acting 1 (co-facilitated weekly Lessac Kinesensics explorations)

2023

Instructor of Record

- Adjunct Instructor – Alexander Technique
- Adjunct Instructor - Art of Theatre
- Adjunct Instructor - Art of Acting

Dialect Captain

- *Cabaret* – KSU Mainstage

Undergraduate Supervision

- Honors Project – Alexander Technique – 1 student

2022

Instructor of Record

- Adjunct Instructor - Art of Theatre
- Adjunct Instructor - Art of Acting

Graduate Assistant

- Acting Styles – Shakespeare (assisted w/ monologue and scene work)

Private Practice (New York, NY and Kent, OH)**Teacher of the Alexander Technique**

2006-Present

- Instructs private and group lessons in the Alexander Technique on both long and short-term basis, both in- person and online
- Created and developed adaptable, multi-unit course using anatomy illustrations and short movement videos to elucidate each class's experiential practicum work, supporting the focus/goal of each individual or group
- Large group lecturer – Offers general overview of the Alexander Technique with experiential component (online and in-person) as a single lecture or as part of lecture series
- Adjunct specialist within Performing Arts conservatory and Health/ Wellness programs. Performing Arts-niche, professional Theatre & Dance background.
- Students have ranged from ages 7 to 96 and come from various Fields, including: actors, dentists, business professionals, personal trainers & yoga teachers, IT specialists, visual artists, day-laborers, classical musicians, academics, lawyers, singers, doctors, and computer coders

American Academy of Dramatic Arts (New York, NY)
Instructor of Record - Alexander Technique
2007-2011

- Created and developed the Alexander Technique program's class structure and course description for AADA 1st, 2nd, & 3rd year students
- Initiated collaboration with faculty members of other disciplines for team-teaching opportunities, private exchanges of work, and outside meetings to discuss pedagogical approaches & student progress
- Partnered with directors on 2nd and 3rd-year plays
- Taught 80-100 students per week, per term (both group practicum and private lessons), responsible for evaluating and tracking the progress of each student, submitted detailed, written semester reports for each student
- Spearheaded meaningful integration of disciplines comprising AADA's program
- Undergraduate supervision – movement coaching for Thesis Project (2-3 students per year)

Johnston High School - Trinity Repertory Company outreach (Providence, RI)
Adjunct Director/ Instructor, *Macbeth* unit
1995

- Directed 10 High School Seniors in Act I of *Macbeth*

University of Minnesota (Minneapolis, MN)
Instructor of Record, Creative Writing
1993-1994

- Adjunct Instructor - Creative Writing 101 (poetry, prose, memoir) for two terms

The Writing Center, Rhode Island College (Providence, RI)
Writing Tutor
1991-1993

- Peer tutor, 20 hours per week

SERVICE

School of the Arts, Kent State University (Kent, OH)
Dean's Advisory Committee
2023-2024

DE-CRUIT- treating Trauma through Science and Shakespeare (New York, NY)
Alexander Technique instructor
2017-2019

Mayor's Harm Reduction Outreach Program (New York, NY)
Alexander Technique facilitator
2017

American Center for the Alexander Technique (New York, NY)
Board of Directors
2013-2015

PRESENTATIONS

Kent State University (Kent, OH)
Lecture-Demonstration for B.F.A's in Music – Voice
Alexander Technique for Singers – an Introduction
2024

Kent State University (Kent, OH)
“Arts Without Limits Day”
What Kind of Artist Do YOU Want to Be – talk on Performing Arts, Problem-Solving,
Circles of Community, & Entrepreneurship
2023

Kent State University (Kent, OH)
Graduate presentation and facilitation -LGBTQ+ Theatre History
Somatic Abolitionism and “Queering” Somatics
2023

Holisticism (Los Angeles, CA)
An Introduction to the Alexander Technique
2020

Kosher Holistic Health Expo (Brooklyn, NY)
If You Wear Out Your Body, Where Will You Live? - an Introduction to AT
2019

National Collegiate Honors Council Conference (Los Angeles, CA)
Breath's Weight – Selected Thesis Poems
1993

MEMBERSHIPS

Voice and Speech Trainers Association (VASTA)
2024

Lessac Training and Research Institute (LTRI)
2023-present

Committee for Alexander Technique and the Performing Arts
American Society for the Alexander Technique (AmSAT)
2023-present

American Center for the Alexander Technique (ACAT)

2013-present

American Society for the Alexander Technique (AmSAT)

2006- present

Actors Equity Association eligible

(1999-present)

AWARDS/ GRANTS

Kent State University, Department of Theatre and Dance (Kent, OH)

Summer Studies Tuition Grant (amount - \$2,500 – tuition for Lessac Kinesensics Intensive)

2023

Lessac Kinesensics Training and Research Institute

4-week Summer Intensive Tuition Scholarship (amount - \$2,000)

2023

University of Minnesota (Minneapolis, MN)

Academy of American Poets Award

Edelstein-Keller Teaching-Writing Award

1994

Rhode Island College (Providence, RI)

English Faculty Writing Award

Magna Cum Laude

1993

SELECTED ACTING EXPERIENCE (AEA Eligible)

Theatre

New York

<i>Someone Else's Ghost</i>	Odile	NY Fringe Festival
<i>No Shoulder</i>	Ruth	Annie Coburn
<i>Birdland</i>	Mary Alice Porter	NY Fringe Festival
<i>Rose Toibin</i>	Elizabeth Cady Stanton	WOW Café Theatre
<i>Standard of the Breed</i>	Teela	The Spartan Theatre
<i>Much Ado About Nothing</i>	Margaret/Verges	Expanded Arts
<i>Much Ado About Nothing</i>	Beatrice	The Spartan Theatre

Regional

<i>Peer Gynt</i>		
(premiere - David Henry Hwang adapt)	Ingrid, Anitra	Trinity Repertory Company
<i>Hamlet</i>	Rosencrantz	Alias Stage
<i>Henry IV, Pt 1</i>	Lady Mortimer	RI Shakespeare Theatre
<i>The Heiress</i>	Marian Almond	Theater at Monmouth
<i>The Birthday Party</i>	Lulu	Alias Stage
<i>Lips Together, Teeth Apart</i>	Sally	Northstar Theatre
<i>The Good Doctor</i>	Defenseless Creature, Julia	Northstar Theatre
<i>The Sure Thing</i>	Betty	2nd Story Theatre
<i>The Universal Language</i>	Dawn	Perishable Theatre
<i>Life Under Water</i>	Amy Beth	2nd Story Theatre
<i>Haiku</i>	Louise	2nd Story Theatre
<i>You Can't Trust the Male</i>	Laura Spivey	Alias Stage
<i>The Maderatti</i>	Cuddles Molotov	2nd Story Theatre
<i>Lurker</i>	Lil	2nd Story Theatre
<i>Koko</i> (the sign-language gorilla)	Kokospoko	Alias Stage

Kent State

<i>Everybody</i>	Death	Wright-Curtis Theatre
<i>Cabaret</i>	Fraulein Schneider	Wright-Curtis Theatre
<i>Urinetown</i>	Josephine "Ma" Strong	Stump Theatre
<i>Corktown</i>	The Bus Driver	Wright-Curtis Theatre

Commercials & Film

"News Brief"	Principal	Heineken
"The Waiting Room"	Principal	Fischer College
"Scratching Feels Good"	Principal	Rhode Island Lottery

Voice-Over

Play it by Ear Productions, J.C. Penney, Marlboro Floor Covering

SELECTED DIRECTING/ COACHING EXPERIENCE

Voice/ Accent

Kent State University (Kent, Ohio)
Cabaret
2023

Movement

The Marquis Theatre (New York, NY)
Tootsie
2019
(*AT teacher/ movement coach for conductor/ musical director*)

Hunter College (New York, NY)
Under the Syringa Tree
2015

American Academy of Dramatic Arts (New York, NY)
The Goat
2011

Directing

Kent State University (Kent, Ohio)
Crossing the Bar
2024

The Spartan Theatre (Brooklyn, NY)
3 Plays by Betty Smith (an evening of 1-Acts by the author of *A Tree Grows in Brooklyn*)
2002

SELECTED DANCE PERFORMANCE EXPERIENCE

Contemporary

1990
Apprentice - Groundwerx Dance Theatre, (Providence, RI)

Ballet

1986-1987
corps - Island Moving Company (Newport, RI)

1984-1985

corps- Delta Festival Ballet (New Orleans, LA)

1983-1984

corps -Devon Festival Ballet (Devon, PA)

SELECTED ADDITIONAL TRAININGS

Lessac Kinesenics Training and Research Institute

2023-2024

certified Facilitator candidate (August 2024)

Great Lakes Michael Chekhov Consortium

2023-2025

certified Teacher candidate (June 2025)

Balance Arts (New York, NY)

Alexander Technique for E.D.S. and those on the Hypermobility Spectrum

November 2017 and February 2018

40 hour intensive for certified Alexander Technique teachers in working with those on the Hypermobility Spectrum (Ehlers-Danlos Syndrome-focus)

The Dimon Institute for the Alexander Technique (New York, NY)

2003-2006

1,600-hour/ 3-year intensive training

certified Alexander Technique teacher (American Society for the Alexander Technique)

British American Drama Academy (Oxford, England)

1993

8-week Summer Intensive

Full scholarship

Royal Winnipeg Ballet (Winnipeg, Canada)

1983

6-week Summer Intensive

Partial scholarship

National Academy of the Arts (Champaign-Urbana, IL)

1982

6-week Summer Intensive

Full scholarship

Central Pennsylvania Youth Ballet (Carlisle, PA)

1981

4-week Summer Intensive

Partial Scholarship

